

INTERCESSION



PRAYERS

Our Father, 3 Hail Marys, Glory Be

REFLECTION

From the time we are knit together in our mothers' wombs until we take our final breaths, each moment of our lives is a gift from God. While every season of life brings its own challenges and trials, each season also gives us opportunities to grow in relationship with Him. As new attacks on human life continue to emerge, we might be tempted to despair, but Christ instead offers us unfailing hope. Christ's promise of salvation does not mean that we will be spared from suffering, but rather that even in the darkest moments of our lives, we will be given the strength to persevere. For this reason, a woman experiencing a difficult pregnancy can find the strength to welcome her precious child into the world. A man facing a terminal diagnosis can see that the end of his earthly life is the beginning of eternal life with Christ. When the seas of life swell and we are battered by the waves, hope allows us to remain anchored in the heart of God. May we hold fast to Christ, our hope, from the beginning of life to its very end.

ACTS OF REPARATION *(choose one)*

- Choose one Friday this month to fast and pray for a greater respect for human life.
- Pray a decade of the Rosary for this month's intention. *(Or pray the full Rosary using these pro-life [prayer intentions!](#))*
- Offer some other sacrifice, prayer, or act of penance that you feel called to do for this month's intention.

ONE STEP FURTHER

October is Respect Life Month! Visit respectlife.org/respect-life-month for simple ways to get involved.

DID YOU KNOW?

Respect Life Month (October) kicks off a new cycle of the [Respect Life Program](#), which continues through the following September. And on the first Sunday of October, the Church in the United States celebrates Respect Life Sunday.

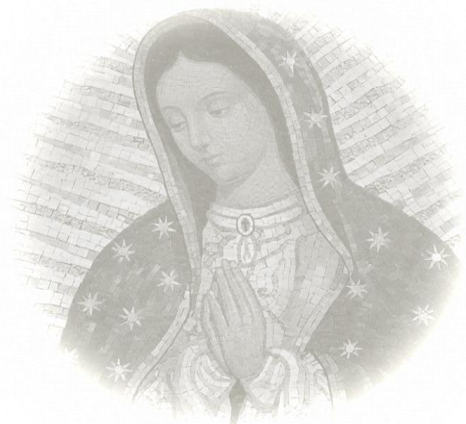


Image: A mosaic of Our Lady of Guadalupe decorates a side altar in the Church of Santa Maria della Famiglia at the Vatican. Dec. 15. (CNS photo/Paul Haring).



Get monthly prayer guides at
usccb.org/prayforlife

